





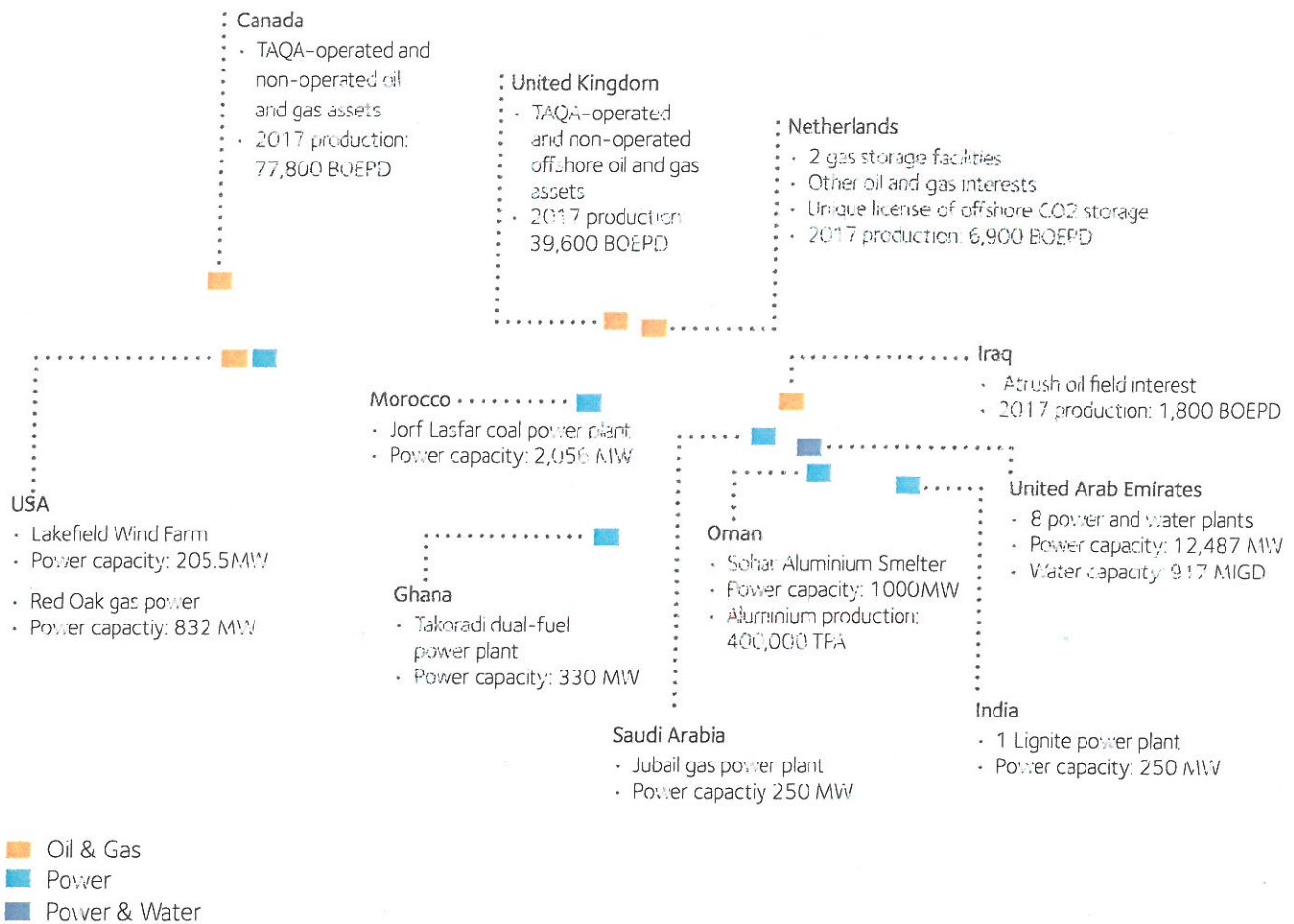
The Abu Dhabi National Energy Company was established in June 2005 and is a diversified international group based in Abu Dhabi, United Arab Emirates. We are more commonly known as TAQA, meaning Energy in Arabic.

We are a leading global energy company, headquartered in Abu Dhabi, with operations in 11 markets around the world. We deliver long-term solutions to meet the energy needs

of our partners, both now and in the future. We are involved in power generation, water desalination and exploration, development, production and storage of oil and gas.

TAQA has a portfolio of quality assets around the world including power plants, water desalination facilities, oil and gas exploration and production facilities, pipelines and gas storage.

The Global Interests



POWER & WATER

TAQA is one of the largest independent power producers in the world. We are the majority owner of the facilities that provide more than 85% of the water and electricity requirements in Abu Dhabi. TAQA's power plants are located in the UAE, Morocco, Oman, Saudi Arabia, Ghana, India and USA.

OIL & GAS

TAQA's oil and gas business includes exploration and production, underground gas storage and pipeline transportation, with operations in Canada, United Kingdom, the Netherlands, USA and Iraq.

Air pollution sources and effects

From: Omar Al Khoori (omar_al_khoori@yahoo.com)

To: info@taqa.com

Date: Monday, April 15, 2019, 1:15 AM GMT+4

Omar Ismail Al Khoori

To: TAQA

Subject: Air pollution sources and effects

Per pause: Article to Readers >>>>>>>>>>>>.

Without the atmosphere that consists of the gases that fill the universe and surround the planet and the moon, these planets can not be identified, there will be no light or sound, and the sky will look black, and without air there will be no flight for the birds, and pollen will not pass to produce plants, everything will fall on the ground, so there will be no life for the plant or animal. The atmosphere is considered the seat of all kinds of weather, whether it is a mild summer breeze or a devastating hurricane. The weather may bring much-needed rain or continuous drought, and the wind serves the planet by transferring heat from the warmer regions to the colder regions. The atmosphere is more beneficial to humans than natural factors, man makes extensive use of the atmosphere to make it a repository of gases, especially in industrial societies, until the amount of air pollutants today exceeds the limits. Cities, rural areas and parks suffer from air pollution, and its dangers to human health, which mainly affect the lungs because they contain very sensitive tissues that receive daily about 15 kg of air, compared with 2.5 kg of water and 1.5 kg of food. In addition, polluted air is spreading long distances and can not be effectively avoided or controlled. Global air pollution has led to global warming, which has serious consequences for the world with rising temperatures and climate change. This has led governments and local authorities, particularly in industrialized countries, to take strong and serious precautionary measures to reduce air pollution by setting maximum emission limits for air pollutants from different sources and implementing measures to reduce air pollution levels to potential limits.

Omar Ismail Al Khoori

04/15/2019





About Clarinase Tablet

Clarinase tablet is used to tone down the effects of histamine therefore is referred to as antihistamine. Histamine is a chemical which is found in some body's cells and it causes cold, sneezing, runny nose, itchy nose, eye irritation, red and itchy skin, high fever, skin disorder and allergies and many other conditions. Clarinase tablet is also used to cure hives and other skin disorders. Clarinase contains Loratadine and Pseudoephedrine as active ingredients which work by blocking the effect of histamine which is known to produce allergic reactions by narrowing the blood vessels and reducing the swelling in the nasal passage which leads to clearance of stuffy and blocked nose. Children below the age of 6 years are advised not to take this drug. Breastfeeding women are also advised to avoid it as it may result in contaminating the breast milk. Pregnant women are advised to take this drug only on the prescription of the doctor. It is prescribed to take the tablet as a whole and not crush it or chew it, though there are chewable and other different forms available for people who are unable to take it as a whole.

Allergic rhinitis results in...



impaired productivity

OR



job loss



Bank Employee

in approximately 1:2 of all patients¹

Allergic rhinitis is responsible for annual losses of

3.5 million days of work¹

Not only the disease but also...

The medications used for the relief of the symptoms such as first generation antihistamines -which are **sedatives**- can influence productivity in 50% of patients who take them.¹

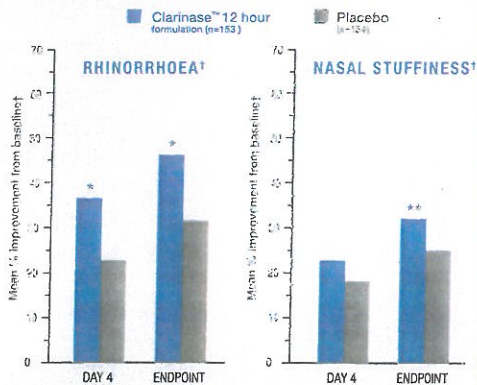
Examples presented are fictional for scientific awareness only and is not connected with reality.

CLARINASE™

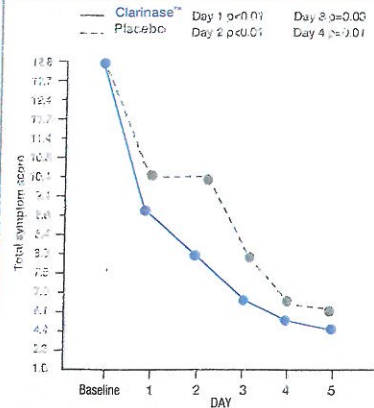
LORATADINE / PSEUDOEPHEDRINE

Trusted relief for moderate/severe nasal congestion due to SAR or Common Cold^{1,2,3}

Clarinase has proven efficacy for seasonal allergic rhinitis patients with nasal congestion²



Clarinase is effective in the management of common cold²



¹p<0.02, ²p<0.05 vs. placebo. ³Physician-evaluated scores. Adapted from Kaiser et al. 1988. A double-blind, placebo-controlled, multicentre study involving 469 patients with mild-to-moderate SAR symptoms.² SAR=Seasonal Allergic Rhinitis.

References

- 1-Clarinase PIL
- 2-Kaiser HB et al. American Journal of Therapeutics. 1998. p245
- 3-https://www.accessdata.fda.gov/scripts/cder/dai/index.cfm?event=overview_process&AppNo=019670 last accessed March 25, 2018
- 4-Taverner D et al. Clin Otolaryngol Allied Sci. 1999 Feb;24(1):47-51. which could be available in <https://www.ncbi.nlm.nih.gov/pubmed/10196648> 26-Aerius syrup PIL
- 5- Berkowitz RB 1989.

8 tips to reduce the risk of "work pressure" on office staff

From: Omar Al Khoori (omar_al_khoori@yahoo.com)

To: customer.relations@clarins.co.uk

Date: Tuesday, April 16, 2019, 3:26 AM GMT+4

Omar Ismail Al Khoori

To: Clarins

Subject: 8 tips to reduce the risk of "work pressure" on office staff

Per pause: Article to Readers >>>>>>>>>>

The Ministry of Human Resources and Emiratization in the United Arab Emirates has issued eight tips to staff working in office positions that mitigate the psychological and health risks that may result from daily work pressures, noting that office jobs may have health risks unless the employee follows proper methods in the work environment. The Ministry of Human Resources and Emiratization stressed that the commitment to implement the eight tips, especially regarding good ventilation, lighting and the presence of plants in the offices, may lead to increase employee productivity 38%, and raise the creativity to 45%, and also helps to raise the level of public health by 47%. In a detailed report, Ministry of Human Resources and Emiratization, an administrative study, stated that office jobs may have health risks, unless the employee to follow the proper methods in the work environment, pointing out that there are eight procedures or advice must be followed by the employee to reduce those risks, the study explained that the first procedure is that the room should be equipped with fresh, fresh air. The working environment affects all aspects of comfort and production, the working environment is not limited to the people surrounding the employee. Some people feel certain smells, and plants, and even existing carpets, and sometimes dull air can reduce productive and mental capacity.

Omar Ismail Al Khoori

04/16/2019

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